***CHINESE WUSHU & TAICHI ACADEMY LLC***

709 ½ S. King Street, Seattle, WA 98104. (206)749-9513. [www.chinesewushutaichi.com](http://www.chinesewushutaichi.com)

***Chen Taichi Seminar September 12-16, 2013 by Grandmaster Chen Zhenglei***

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**Sept. 12**, Thursday 7PM – 9PM **Chen Taichi Qigong and Silk Reeling. $50**

**Sept. 13,** Friday 7PM – 9PM **Chen Taichi Broadsword. $60**

***Sept. 14,*** *Saturday 9:30AM - 4:30PM* ***Old Frame One. $150***

***Sept. 15,*** *Sunday 9:30AM -4:30PM* ***New Frame one. $180***

***Sept. 16,*** *Monday 7PM - 9PM.* ***Old Frame Two****.* ***$60***

***Fees****: 1) All fees due by August 23, 2013. Late fee $20 extra for each subject. Please make your check payable to Chinese Wushu & Taichi Academy LLC, mail it with your registration form (print from* [*www.chinesewushutaichi.com*](http://www.chinesewushutaichi.com)*) to 709 ½ S. King Street, WA 98104;*

**Seminar Locations:*****Sept. 12*** *will be held at Chinese Wushu & Taichi Academy LLC.* ***Sept. 13, 14, 15, 16*** *at* ***the Gymnasium of Chinatown Community Center*** *at 719 8th Ave S Seattle, WA 98104. (Community Center Garage parking available at $4)*

**Sign up guidelines suggested by Master Yijiao Hong:**

**Sept. 12**, **Thursday evening Chen Taichi Qigong and Silk Reeling**: This seminar is a must for anyone who has no taichi experience, or is at beginner or intermediate level. An advanced practitioner will also be able to deepen his or her taichi foundation.

**Sept. 13, Friday evening Chen Taichi Broadsword**: This seminar is for the intermediate and above level Chen Taichi practitioner, or for those who have several years of martial arts experience.

**Sept. 14, Saturday Chen Old Frame One**: This seminar is for all Chen Taichi practitioners who are learning, or have already learned Old Frame One. Old Frame One is the foundation of all Chen Taichi forms. Reviewing the form with Grandmaster Chen is a deeply rewarding experience, even for those who are already adept at the form.

**Sept. 15**, **Sunday Chen New Frame One:** This seminar is for Chen Taichi practitioners who have already learned at least Old Frame One. This is a must for all advanced Taichi students!

**Sept. 16, Monday Chen Old Frame Two:** This seminar is for taichi students who already know Old Frame One, and who are learning or have already learned Old Frame Two.